



## Positive Action

- Suspensions reduced 8% to 81%.
- Self-concept improved up to 43%.

### AUDIENCE CHARACTERISTICS

Age Range	Youth ages 3 – 18
Grade	Grades Pre K – 12
Gender	Both Male and Female

### PROGRAM DETAILS

Type of Program	Prevention
Audience Size	Maximum of 30 students
# of Lessons	Approximately 140 classroom lessons (one to four times per week)
Length of Sessions	15 – 20 minutes
Duration of Implementation	Varies depending on number and frequency of lessons taught (A minimum of 20 lessons must be taught to achieve program fidelity)
Training	Preferred

### BRIEF PROGRAM DESCRIPTION

The *Positive Action (PA)* program is an integrated, comprehensive, and coherent program that has been shown to improve academic achievement and multiple behaviors of children and adolescents (3 to 18 years old) and their parents and teachers. It is intensive, with lessons at each grade level (from pre-kindergarten to 12th) that are reinforced all day by including school, family, and community components, which work together or can stand alone.

### SPECIFIC OUTCOMES

- Violence and substance use reduced 26% to 56%.
- Academic achievement improved 12% to 65%.
- General discipline improved by 23% to 90%.
- Absenteeism decreased between 6% and 45%.
- Truancy decreased by 14% to 20%.

### HOW IT WORKS

Ideally, the Positive Action program is implemented school-wide and reinforces positive actions throughout the day. The school principal, Positive Action Coordinator and an optional Positive Action Committee guide the program. Classroom teachers teach the curriculum using a grade-appropriate kit containing prepared materials and a manual with lesson plans. Optional counselor and special education materials are included. The program can also be implemented in community-based settings.

PA offers an implementation plan, with an interactive web site, to achieve implementation

fidelity, and a program evaluation plan that schools are strongly encouraged to use.

## IMPLEMENTATION ESSENTIALS

To replicate with fidelity:

- Utilize willing faculty, administrative staff, parents, community members, and, most important, a principal/administrator who will provide primary leadership.
- Conduct at least 20 lessons per year that cover each of the curriculum's six units.

## MATERIALS

### *Required Materials*

1 Classroom Kit per classroom - \$390 – \$460 per kit

### *Optional Materials*

Middle School Drug Education Kit - \$250

5th Grade Drug Education Kit - \$390

Climate Kit - \$460

Counselor's Kit, enough materials for 6 individuals - \$125

### *Training (Preferred)*

Implementation training is preferred and offered free of charge to VFHY grantees by VFHY staff.

## PROGRAM CONTACT

For material information, contact:

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## ADDITIONAL INFORMATION

Web site: [www.positiveaction.net](http://www.positiveaction.net)

[Program Information Worksheet](#)

[SAMHSA's National Registry of Evidence-Based Program & Practices \(NREPP\) Review Documents](#)

