

BRIEF PROGRAM DESCRIPTION

SPARK Physical Education is a program designed to increase physical activity in youth between the ages of 3 - 18. The PE program is available for childcare centers, grades K - 2, grades 3 - 6, middle school, high school and after school settings. The curriculum offers students an opportunity to learn, practice and master a range of developmentally appropriate movement concepts, sports, and fitness skills in a positive learning environment.

SPECIFIC OUTCOMES

- Increased moderate to vigorous physical activity among students.
- Increased fitness achievement.
- Improved sport skills development

AUDIENCE CHARACTERISTICS

Age Range: Youth ages 3 – 18

Grade: Pre-K – 12th

Gender: Both Male and Female

PROGRAM DETAILS

Type of Program: Physical Activity

Audience Size: Maximum 35

of Lessons: Between 300 – 500 activities

Length of Sessions: 20 – 40 minutes duration during regular PE Class implementation or 1 – 3 times per week in after school and childcare settings

HOW IT WORKS

The SPARK curriculum allows teachers to provide students with opportunities to learn, practice and master a wide range of developmentally appropriate diverse skills and activities. The SPARK manuals include dynamic instructional units and each curricular component is presented in scope and sequence via daily lesson plans that are aligned to NASPE National Standards. Activities are designed to provide an enjoyable warm-up before the main lesson. The lessons are implemented during before and after school programs and during the normal PE class. Lessons range in length from 20 minutes for childcare settings – 2nd grade and up to 40 minutes for 3rd grade – 12th grade. The lessons are implemented during the normal PE class in school-based programs.

IMPLEMENTATION ESSENTIALS

To replicate with fidelity:

- Implement SPARK activities using the full scope and sequence of the curriculum.



MATERIALS

- SPARK Early Childhood Curriculum Manual and Instructional Media CD - \$199.99
- SPARK Early Childhood Curriculum Manual, Instructional Media CD & Folio - \$299.99
- SPARK K-2 PE Curriculum Manual and Instructional Media CD - \$199.99
- SPARK K-2 PE Curriculum Manual, and Instructional Media CD & Folio - \$299.99
- SPARK 3-6 PE Curriculum Manual and Instructional Media CD - \$199.99
- SPARK 3-6 PE Curriculum Manual, and Instructional Media CD & Folio - \$299.99
- SPARK Middle School PE Curriculum Manual and Instructional Media CD - \$199.99



SPARK Middle School PE Curriculum Manual, and
Instructional Media CD & Folio - \$299.99

SPARK High School PE Curriculum Manual
and Instructional Media CD - \$199.99

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Instructional Media CD & Folio - \$299.99

SPARK After School PE Curriculum Manual
and Instructional Media CD - \$199.99

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Instructional Media CD & Folio - \$299.99

PROGRAM CONTACT

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